

WINTER QUARTER 2021 WEEKLY SCHEDULE

Day and Class	Starts	Ends
MONDAY		
<u>Qigong 7:30am</u>	Jan 4	March 19
<u>Chen Taijiquan 8:45am</u>	Jan 4	March 19
<u>Tai Chi for Beginners & Seniors 10:30am (10 wks)</u>	Jan 4	March 8
<u>Chen Taijiquan 6pm</u>	Jan 4	March 19
TUESDAY		
<u>Yang Tai Chi 8:30am</u>	Jan 4	March 19
WEDNESDAY		
<u>Qigong 7:30am</u>	Jan 4	March 19
<u>Chen Taijiquan 8:45am</u>	Jan 4	March 19
Burien Tai Chi/Qigong 10:45am: - Free Class 1/6 - Jan 13-Feb 10 (5 weeks) - Feb 17-Mar 17 (5 weeks) Registration opens 12/14	Jan 6 Jan. 13th Feb. 17th	Feb. 10th Mar 17th
<u>Qigong for Everyone 6:30pm (10 weeks)</u>	Jan 6	March 10
THURSDAY		
<u>Yang Tai Chi 8:30am</u>	Jan 4	March 19
<u>Tai Chi for Beginners & Seniors 2:00pm (10 wks)</u>	Jan 7	March 11
<u>Chen Taijiquan 6pm</u>	Jan 4	March 19
FRIDAY		
<u>Advanced Chen Taijiquan 8:45am</u>	Jan 4	March 19
SATURDAY		
<u>Yin Yang Medical Qigong 9:30am</u>	Jan 4	March 13
<u>Chen Taijiquan 10:30am</u>	Jan 4	March 13